

# COUNSELING PLAN September 2019

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## COUNSELING CENTER VISION

To provide a child-centered, stimulating and culturally diverse environment which fosters the development of lifetime productive learners. The Counseling Center is here to aid in the growth of children physically and emotionally integrating a variety of resources, which are available to help ensure safety in schools and healthy students.

## COUNSELING CENTER GOALS

Kalfas Elementary Students will be provided with assistance and support in the areas of: academics, personal, social issues and beginning an understanding of opportunities for future education/employment as aligned with the NYS Standards. We will assist in promoting healthy childhood development within our students.

### COUNSELING CENTER ROLES

The School Counselor and School Social Worker will create opportunities for students to be successful that align with the mission and goals of the school through individual and group counseling, consultation, coordination, advocacy and assisting / serving as a parent and community liaison.

Responsive Student Services	50%
Counseling Curriculum	20%
Direction of Student Services	20%
System Support	10%

Provide students with access to supports that promote positive social-emotional learning and strategies for good mental health.

All students Grades Pre-Kto 6.

Students will understand available resources and how to utilize them. Students will learn how to self-monitor, know when to ask for help and work toward solving sk-(d)5(er)-2(st)-3& 0.036 Tc[20)]TJETQq310.8 6395810.8 15.6 reW\* nBT/F3 12 T3 Tm0 1 1n-2(g)

Classroom Observations	Students in Need	School Counselors School Social Worker	FBA CSE Documentations, Assessments, Teacher v. Student Engagement Student v. Peer Engagement	September - June
Individual counseling	Red Flag Students Students referred (Administration, teacher, parent/ guardian, student)	School Counselors School Social Worker	Best-Practices- Literature	

Linkageto	Tier 3	START Team,	As Needed
Gateway, Tree of		School Counselors	
Life and Outside		School Social	
Agencies		Worker	
Truancy Officer	Tier 3	Truancy Officer	As Needed
for Transportation		School Social	
		Worker	

To create a positive learning environment that promotes long-term academic and career success.

All students Grades Pre-Kto 6.

Students in Pre-

#### Core Curriculum Classroom lessons

Survey student needs and interests to design specific lessons for that grade level Help students be successful in and out of the school environment Provide students with knowledge and skills

#### **Classroom Observations**

Observe interactions within the classroom

Conduct sessions with students based on observations/ needs

#### Individual Counseling

Helps students discover and develop strengths

Help students cope with feelings

Help problem solve and use decision making skills

Teach leadership skills and positive character traits

Help students excel to the best of their ability

Enhance peer relationships

Behavior modification

Self- image and self- esteem

Effective social skills

Help with Anger Management

#### **Crisis Counseling**

Assisting students with immediate, short term support

Helping students with mental, physical, and behavioral distress find coping skills to deal with their situation.

#### Conflict Resolution / De-Escalating Student Behavior

The goal in a confrontation is to avoid the power struggle in a respectful way while students learn concept and strategies to help keep them in control of their words and body.

Assisting students in learning ways to act not react.

Modeling positive listening skills and non aggressive behaviors

Getting students to under

Understanding what they say and how they say it.

Allowing student to find a common ground.

#### Group Counseling

Working with peers who share common concerns, issues and self -image

Assist students in developing and fostering relationship skills

Increase Coping skills, self-worth and self esteem

Help students develop tools they can use in conflict to create better decision making skill and positive resolutions

#### <u>START</u>

A universal systematic District intervention model that assists and supports students and teachers in addressing academic, attendance, emotional, social and behavioral needs.

#### Liaison with outside community and agencies

Partnerships with community services School will continue to locate, reach out to and build a strong relationship with local agencies

#### Home Visits

Helps to build a strong partnership between school and family See students in the home setting Allow for student and families to feel more comfortable in their home environment

#### Celebrations

Star student assemblies allow for students to be recognized and parents are invited into the school

Monthly, the grade with the best attendance will be recognized and the student with the best attendance

Oultural celebrations to recognize different traditions and customs will be determined by the Dean of students

#### <u>Conferences</u>

Interdisciplinary team will meet with parents to discuss concerns, progress and goals

#### Tier 2 Intervention Plans

Students in need of additional supports, interventions are put into place at this level to help with academics, attendance, social-emotional and behavioral needs.

#### Promotion of Services Offered & Parental/Guardian best practices

Psychoeducation- educating parents Providing resources

#### Lunch Bunch

Small group of students who eat lunch while enhancing social skills, friendship, the importance of school attendance, and/or conflict resolution.

#### Family Engagement: Guardian Contacts

Designing and implementing plans, parent is involved with designing plan

#### <u>Attendance</u>

Track attendance, regular communication with parents, identify barriers to school attendance,